



EXCLUSIVES WOMEN IN FILM - INTERVIEWS

JAMIE-LYNN SIGLER ON HER SECRET BATTLE WITH MS: "ASKING FOR HELP IS NOBLE"





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Inspirer is celebrating inspirational and influential women in film with in-depth interviews. This project will share the stories behind the trailblazers and pioneers who paved the way for females in the arts.

When actress Jamie-Lynn Sigler was first diagnosed with multiple sclerosis (MS) 15 years ago, it came as a shock. She was 20 years old and starring in one of the most critically acclaimed shows on television. She was on top of the world. She didn't really feel sick.

MS is an immune disease affecting the central nervous system, damaging nerve cells, resulting in an array of symptoms. The cause is still unknown, and the progress and severity of its course in any individual can be unpredictable. Though modern medical advances have been shown to significantly manage symptoms, there is no known cure.

Sigler was diagnosed after experiencing a tingling sensation in her feet and legs that she thought was associated with Lyme disease, which she had been managing for a year. Like many people, she immediately assumed that having MS meant that she would end up in a wheelchair. She was 20 years old; she wanted to keep her job, her freedom, her youth. So, for 15 years, she kept her disease a secret.

This January, she decided to go public with her battle. After years of coming to terms with it, she realized that she had nothing to be ashamed

